



BOARD OF DIRECTORS

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- Jennifer Componovo
- Brendan Foley
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- Matthew Hurray
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- Domenick Ligato
- John Lindquist
- John Moraca
- George Morgan, Chair
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- John Rumin, Treasurer
- Peter Schlicht
- William Snyder, V
- Peter Tedesko, Secretary
- Charles Thorne, Jr.
- Beth Vincent
- Daniel Wilson
- Robert Yeager

2010 Membership Categories & Fees

Category	Joining Fee	Monthly Draft	Annual
Family	\$150.00	\$71.25	\$855.00
Single Parent Family	\$150.00	\$59.55	\$714.60
Adult (Age 18+)	\$125.00	\$47.85	\$574.20
Senior (Age 65+)	\$125.00	\$43.40	\$520.80
College	\$50.00	\$19.75	\$237.00
Teen (Ages 14-17)	\$0.00	\$17.15	\$205.80
Youth (Ages 6-13)	\$0.00	\$11.20	\$134.40

New Annual and lapsed members must pay the Joining Fee, the full Annual Rate along with a pro-rated amount for the first month of membership.

YMEMBERSHIP

We build strong kids, strong families, strong communities.

Your YMCA membership is valuable. While the economy is in turmoil, the YMCA is a place where members find **stress relief, fellowship, networking, and family time** through our programs and services. Your membership also entitles you to **free programs and reduced member rates on YMCA family programs like sports, swimming lessons, child care, and day camp.**

With two pools, indoor track, free weight center, wellness center with 2 nautilus circuits and 70+ pieces of cardiovascular exercise equipment, racquetball, tennis, and platform tennis courts, two gymnasiums, and an outdoor athletic field, the Sewickley Valley YMCA *IS WHERE YOU BELONG!*

KIT LOCKERS = CONVENIENCE

Never skip a day at the Y because you forgot your running shoes, shorts, or swimsuit! Our low cost Kit Locker program makes it easy for you to keep to your healthy living plan. Kit lockers are equipped with a combination lock and are available in two options:

Full Service	\$240/Year	\$20/Month
Kit Space	\$120/Year	\$10/Month

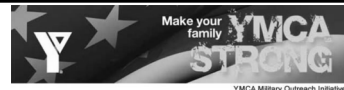
Contact the Membership office for more information at 412-741-9622 ext.102

FREE MEMBERSHIPS FOR ACTIVE OLDER ADULTS

You may be eligible for a special membership. The Sewickley Valley YMCA offers a variety of plans that will enable you to participate in the programs and amenities for your spirit, mind, & body.

Your insurance carrier may provide a FREE membership. Circumstances do vary.

If you have any questions regarding you eligibility, please contact your insurance carrier directly or Celeste Fryz, Membership Retention Specialist at ext.106



YMCA MILITARY OUTREACH INITIATIVE

The Armed Services YMCA and the Department of Defense Outreach Initiative offers YMCA memberships to eligible military families and personnel who may not have access to a nearby military facility. Eligible military families and personnel include:

- *Family members of deployed National Guard and Reservists
- *Active Duty Independent Duty personnel and their families as approved by their Military Service Headquarters
- *Relocated spouses and family members of deployed Active Duty personnel
- *Military orders to a Community Based Warrior Transition Unit
- *Title 10 personnel only

To confirm eligibility please visit www.militaryonesource.com, call 1-800-342-9647 or contact Celeste Fryz, Membership Retention Specialist at ext.106

**You really can have it all at the Y.
Easy Membership payment options.
No contracts. Financial Assistance available.**