

FAITH
IN ACTION

Have heart and make a friend!

A senior adult near you needs a ride to his or her doctor's appointments, cancer treatments, grocery store, or maybe would just like a friendly visit.

**Let *Faith in Action*
bring you together.**

**Flexible hours
will fit any schedule.**

**Your community
needs your help.**

Faith in Action has many ways to be involved— being matched one-on-one with a care receiver, providing transportation through our Drivers Corps, or being involved in fund-raising for program support.

Volunteering with *Faith in Action* helps senior adults in our local communities maintain their independence and quality of life, and builds caring relationships.



**Making a difference for our
community as a Corporate
Volunteer Partner**

**For more information on
Faith in Action or the
Corporate Volunteer Program
contact Ann Berger,
Faith in Action Director
at 412-741-9622 Ext. 135
or aberger@sewickleymca.org**

*Made possible, in part,
by a grant from*



SIT AND STITCH

- Bring your favorite craft– to work on while socializing with friends.
 - Tuesdays 10:00 am-12:00 pm
- | | |
|---------------------|-----------|
| Members | FREE |
| Prospective Members | \$26/Year |

DUPLICATE BRIDGE

- Calling all players with 0-299 master points
 - Games are ACBL sanctioned and master points are awarded
 - Mondays 6:00-9:00 pm located at the Community Activity Center
 - Thursday 1:00-4:00 pm located at the Community Activity Center
- | | |
|---------------------|-----|
| Members | \$5 |
| Prospective Members | \$5 |

MAHJONGG

- Join us for a fun game of Mahjongg at Community Activity Center
 - No need to pre-register
 - Payments will be collected the day of the game by instructor
- | | |
|---------------------|-----------|
| Members | \$5/Class |
| Prospective Members | \$5/Class |

JUST FOR US LADIES

- Annual membership open to all women over age 55
- Activities include speakers, trips, luncheons, shopping and holiday parties
- Meets 2nd Wednesday of each month at 10:30 am

Members	FREE
Prospective Members	\$13/Year

SENIOR MEN'S CLUB

- Annual membership open to all retired men
- Member of PA YMCA Federation of Retired Persons
- Activities include speakers, trips, golf, cards and social events
- Friday 9:30 am coffee and donuts, activities begin at 10:00 am in Hunter Gym

Friday	10:00 am	24
Members	\$15	
Prospective Member	\$15	