

# **LARGE POOL SCHEDULE**

November 18 - March 3

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   | SUNDAY                 |  |
|--|--|--|--|---|--|------------------------|--|
| 5 - 8 a.m.<br>LAP SWIM   |  |  |  |   | 7 - 8 a.m.<br>LAP SWIM   |                        |  |
| 8 - 9 a.m.<br>LAP SWIM   |  | 8 - 9 a.m.<br>LAP SWIM (3 lanes)<br>WATER EXERCISE<br>(3 lanes)      | 8 - 9 a.m.<br>LAP SWIM   |   |  |                        |  |
| 9 - 10 a.m.<br>LAP SWIM  | 9 - 10 a.m.<br>LAP SWIM (3 lanes)<br>WATER EXERCISE<br>(3 lanes) | 9 - 10 a.m.<br>LAP SWIM  | 9 - 10 a.m.<br>LAP SWIM (3 lanes)<br>WATER EXERCISE<br>(3 lanes) | 9 - 10 a.m.<br>LAP SWIM   | 9 - 12 p.m.<br>SWIM LESSONS<br>(4 lanes)<br><br>9-10:45 a.m.<br>LAP SWIM (2 lanes) | 9 - 1 p.m.<br>LAP SWIM |  |
| 10 - 11 a.m.<br>LAP SWIM (2 lanes)<br>WATER EXERCISE<br>(4 lanes)  | 10 - 11 a.m.<br>LAP SWIM   |  |  | 10 - 11 a.m.<br>LAP SWIM (2 lanes)<br>WATER EXERCISE<br>(4 lanes) |  |                        |  |
| 11 - 3 p.m.<br>LAP SWIM<br>.....<br>1-2 p.m.<br>YOUTH LAP SWIM<br>(2 lanes)<br>1-2 p.m.<br>ADULT LAP<br>(4 lanes)<br>..... |  |  |  |   | 12 - 1 p.m.<br>LAP SWIM  |                        |  |
|  |  |  |  |   | 1 - 2 p.m.<br>LAP SWIM (4 lanes)<br>YOUTH LAP SWIM (2 lanes)                       |                        |  |
|  |  |  |  |   | 2 - 3 p.m.<br>LAP SWIM   |                        |  |
|  |  |  |  |   | 3 - 4 p.m.<br>LAP SWIM (3 lanes)<br>OPEN SWIM (3 lanes)                            |                        |  |
| 3-5 p.m.<br>QV SWIM TEAM   |  |  |  |   | 4 - 5 p.m.<br>LAP SWIM   |                        |  |
| 5 - 7:30 p.m.<br>YOUTH SWIM TEAM   | 5 - 6:30 p.m.<br>SWIM LESSONS<br>(no lap lanes)                  | 5 - 7:30 p.m.<br>YOUTH SWIM TEAM                                     | 5 - 7 p.m.<br>YOUTH SWIM TEAM                                    |   |  |                        |  |
|  | 6:30 - 8 p.m.<br>YOUTH SWIM TEAM                                 |  | 7 - 8:30 p.m.<br>LAP SWIM (3 lanes)                              | 7 - 8 p.m.<br>MASTERS (3 lanes)                                   |  |                        |  |
| 7:30 - 8:30 p.m.<br>MASTERS (3 lanes)<br>WATER EXERCISE<br>(3 lanes)   |  | 7:30 - 8 :30p.m.<br>MASTERS (3 lanes)<br>WATER EXERCISE<br>(3 lanes) | YOUTH LAP SWIM<br>(2 lane)                                       | OPEN SWIM (3 lanes)   |  |                        |  |
| 8:30 - 9 p.m.<br>LAP SWIM  | 8 - 9 p.m.<br>LAP SWIM   | 8:30 - 9 p.m.<br>LAP SWIM  | 8 - 9 p.m.<br>LAP SWIM   | 8 - 9 p.m.<br>LAP SWIM<br>(4 lanes)<br>YOUTH LAP<br>(2 lanes)     |  |                        |  |

**LAP SWIM:** Reservations are reserved for ages 14 and older.

All activities in the large pool require a reservation or a registration.