

WARM WATER POOL SCHEDULE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|---|--|---|-----------------------------|-------------------------------|
| 8 - 9 a.m. WATER EXERCISE TWINGES | 8 - 9 a.m. ADULT SWIM | 8 - 9 a.m. WATER EXERCISE TWINGES | 8 - 9 a.m. ADULT SWIM | 8 - 9 a.m. WATER EXERCISE TWINGES | | |
| 9 - 10 a.m. WATER EXERCISE BIONIC BABY BOOMER | 9 - 10 a.m. WATER EXERCISE TWINGES + | 9 - 10 a.m. WATER EXERCISE BIONIC BABY BOOMER | 9 - 10 a.m. WATER EXERCISE TWINGES + | 9 - 10 a.m. WATER EXERCISE BIONIC BABY BOOMER | | |
| 10 - 11 a.m. SWIM LESSONS | | | | 10-12 p.m. PRESCHOOL SUMMER DAY CAMP | 10 - 1 p.m. SWIM LESSONS | 10:15 - 11 a.m. ADULT SWIM |
| 11 - 12 p.m. WATER EXERCISE TWINGES | 11 - 12 p.m. WATER EXERCISE AQUA BALANCE | 11 - 12 p.m. WATER EXERCISE TWINGES | 11 - 12 p.m. WATER EXERCISE AQUA BALANCE | | | 11 - 4 p.m. FAMILY SWIM |
| 12 - 1 p.m. WATER EXERCISE AQUA BALANCE | 12 - 1 p.m. ADULT SWIM | 12 - 1 p.m. WATER EXERCISE AQUA BALANCE | 12 - 1 p.m. ADULT SWIM | | | |
| 1 - 2 p.m. FAMILY SWIM | 1 - 2 p.m. WATER EXERCISE TWINGES + | 1 - 2 p.m. FAMILY SWIM | 1 - 2 p.m. WATER EXERCISE TWINGES + | 1 - 7 p.m. FAMILY SWIM | 1 - 4 p.m. FAMILY SWIM | |
| 2 - 3 p.m. ADULT SWIM | 2 - 3 p.m. WATER EXERCISE TWINGES | 2 - 3 p.m. ADULT SWIM | 2 - 3 p.m. WATER EXERCISE TWINGES | | | |
| 3 - 4 p.m. ADULT SWIM | | | | | | |
| 4 - 5 p.m. FAMILY SWIM SWIM LESSONS SHARE THE POOL | 4 - 6 p.m. FAMILY SWIM | 4 - 5 p.m. FAMILY SWIM SWIM LESSONS SHARE THE POOL | 4 - 6 p.m. FAMILY SWIM | | | |
| 5 - 6 p.m. ADAPTED SWIM LESSONS | | 5 - 6 p.m. FAMILY SWIM | | | | |
| 6 - 7 p.m. ADULT SWIM LESSONS | 6 - 7 p.m. SWIM LESSONS | | | | | |
| 7:15-8 p.m. ADULT SWIM | 7:15 - 8 p.m. WATER EXERCISE TWINGES + | 7:15-8 p.m. ADULT SWIM | 7:15 - 8 p.m. WATER EXERCISE TWINGES + | | | |

ADULT SWIM
FAMILY SWIM

Adult only and a maximum of 11 people may use the Warm Water Pool at one time.
Family units Reservation required, Maximum 4-5 families.

All activities in the warm water pool require a reservation or a registration.